AUDIT-C

The three-item Alcohol Use Disorders Identification Test (AUDIT-C) is a brief survey instrument designed to identify at-risk drinking behaviors that could indicate alcohol use disorder. AUDIT-C has been validated in mental health and primary care clinics.

Interpretation Instructions

Add up the circled numbers for each item to derive a total score. Below are guidelines for interpreting symptom severity based on total score: *Note:* Total scores are interpreted differently for men and women.

For men: A total score of 4 or greater indicates elevated risk for hazardous drinking or active alcohol use disorder.

For women: A total score of 3 or greater indicates elevated risk for hazardous drinking or active alcohol use disorder.

Greater scores indicate greater risk posed to the patient's health and safety.

AUDIT C

1: How often did you have a drink containing alcohol in the past year? Never 0 Monthly or less 1 Two to four times a month 2 Two to three times a week 3 Four or more times a week 4 2: How many drinks did you have on a typical day when you were drinking in the past year? None, I do not drink 0 1 or 2 0 3 or 4 1 5 or 6 2 7 to 9 3 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly 2 Weekly 3	Name: Date:	
Monthly or less 1 Two to four times a month 2 Two to three times a week 3 Four or more times a week 4 2: How many drinks did you have on a typical day when you were drinking in the past year? None, I do not drink 0 1 or 2 0 3 or 4 1 5 or 6 2 7 to 9 3 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly 2	1: How often did you have a drink containing alcohol in the past year?	
Two to four times a month 2 Two to three times a week 3 Four or more times a week 4 2: How many drinks did you have on a typical day when you were drinking in the past year? None, I do not drink 0 1 or 2 0 3 or 4 1 5 or 6 2 7 to 9 3 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly 2	Never	0
Two to three times a week Four or more times a week 2: How many drinks did you have on a typical day when you were drinking in the past year? None, I do not drink 0 1 or 2 0 3 or 4 5 or 6 2 7 to 9 3 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never Less than monthly Monthly 2	Monthly or less	1
Four or more times a week 2: How many drinks did you have on a typical day when you were drinking in the past year? None, I do not drink 0 1 or 2 3 or 4 5 or 6 2 7 to 9 3 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly	Two to four times a month	2
2: How many drinks did you have on a typical day when you were drinking in the past year? None, I do not drink 0 1 or 2 0 3 or 4 1 5 or 6 2 7 to 9 3 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly 2	Two to three times a week	3
None, I do not drink 1 or 2 3 or 4 5 or 6 7 to 9 3 'To 9 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never Less than monthly Monthly 2	Four or more times a week	4
1 or 2 0 3 or 4 1 5 or 6 2 7 to 9 3 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly 2	2: How many drinks did you have on a typical day when you were drinking in the pas	st year?
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5 or 6 2 7 to 9 3 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly 2	1 or 2	0
7 to 9 10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly	3 or 4	1
10 or more 4 3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly 2	5 or 6	2
3: How often did you have six or more drinks on one occasion in the past year? Never 0 Less than monthly 1 Monthly 2	7 to 9	3
Never 0 Less than monthly 1 Monthly 2	10 or more	4
Less than monthly 1 Monthly 2	3: How often did you have six or more drinks on one occasion in the past year?	
Monthly 2	Never	0
	Less than monthly	1
Weekly 3	Monthly	2
	Weekly	3

Daily or almost daily

Total

4